

# 3 Day Biology Camp Program

(Early Arrival 3 days - 2 nights- Late Departure)



## Arrival Day 1

09:30 Arrival

Welcoming

- ❖ Dividing into teams
- ❖ Team Names & Warcries
- ❖ Bodycheck and safety drills
  - Camp rules
- ❖ Room allocation

13:00 Lunch is Served

- ❖ Leadership Discussion (Leadership Model) or Adventure Challenge
- ❖ Activities
  - Footloose \* Email \* Totem Pole OR Bushveld Challenge

18:00 Dinner

- ❖ BIRDS & TREES
- ❖ Shower Time
- ❖ BedTime

## Day 2

- ❖ Wake up call, an answer to the rhythm of the African Drum
- ❖ Morning Coffee & Rusk
- ❖ AM Activities\*
  - Game drive & Safari, or
  - African Meditation, or
  - Animal trump Cards

08:00 Breakfast (Day 2)

- ❖ Bokslag
- ❖ Activity Rotation (2 x Rotations before Lunch)
  - Eco-walk,
  - Snake & their adaptation
  - Limpopo River Basin

13:00 Lunch

- ❖ Activity Rotation (Last rotation)
  - Eco-walk, & Snake & their adaptation & Limpopo River Basin
- ❖ Activity Rotation (1 hour session with no rotation) OR Adventure -Fun Games
  - Dry River Crossing \* Chinese Pyramid \* Spiders web OR
  - Mudpit swimming Problem solving
- ❖ PotjieKos competition
- ❖ Announcing the Winners
- ❖ Shower
- ❖ Bed Time

## Day 3

- ❖ Wake up call, an answer to the rhythm of the African Drum
- ❖ Morning Coffee & Rusks
- ❖ AM Activities\*
  - Game drive & Safari, or
  - African Meditation, or
  - Animal trump Cards

08:00 Breakfast

- ❖ Pack - up
- ❖ Quick feedback on Camp and activities
- ❖ Board the busses

11:00 Depart